



Lincoln County Schools Weather Alert Procedures

All Lincoln County Schools should be aware of weather conditions in their area before allowing student to participate in outdoor activities.

Elementary	Cold Weather	Hot Weather	Ozone Level
	No students outside if temperature is under 40 degrees	No students outside when temperature is above 90 degrees	No students outside when there is a code Orange Alert for our area
Middle Schools	No students outside if temperature is under 40 degrees	No students outside when temperature is above 90 degrees	No students outside when there is a code Orange Alert for our area
Middle School Athletics	Coaches should make a determination of the conditions outside. If there is ice no practices should be held outside	Coaches should follow the Heat and Humidity Guidelines listed below from the NCHSAA	If we are in a Code Orange , coaches should be aware of any student athlete that is susceptible to heat related conditions.
High Schools	No students outside if temperature is under 40 degrees	No students outside when temperature is above 90 degrees	No students outside when there is a code Orange Alert for our area
High School Athletics	Coaches should make a determination of the conditions outside. If there is ice no practices should be held outside	Coaches should follow the Heat and Humidity Guidelines listed below from the NCHSAA	If we are in a Code Orange , coaches should be aware of any student athlete that is susceptible to heat related conditions.



Air Quality Index Guidelines

Air Quality Index (AQI)

- Green**.....0- 50 AQI..... Good air quality. No health risks are expected. Enjoy outdoor activities!
- Yellow**.....51-100 AQI..... Moderate air quality. Air quality is okay, but unusually sensitive people may be affected, especially when the AQI nears 100 degrees
- Orange**.....101-150 AQI..... Air quality is Unhealthy For Sensitive Groups. Children, active adults, and those with heart or respiratory disease, including asthma, should limit outdoor activity.
- Red**.....151-200 AQI..... Unhealthy air quality. Everyone should avoid prolonged outdoor activity.
- Purple**.....201-300 AQI..... Very Unhealthy air quality. Everyone should avoid outdoor activity.
- For additional information concerning the air quality forecast including a detailed forecast discussion, please visit the following link on the NC Division Of Air Quality Web Site: <http://www.ncair.org/airaware/forecast>.

The Charlotte air quality forecast region includes Cabarrus, Gaston, Lincoln, Mecklenburg, Rowan, Union, and southern Iredell Counties.

Protect your Health! Modify your physical activity as needed by referencing the Air Quality Index below.

TEMPERATURE/HUMIDITY

Temp. (°F) Humidity Procedure

80°-90° under 70% Observe those athletes susceptible to heat illness, especially those obese.

80°-90° over 50% All athletes should be under constant and careful supervision.

Breaks every 20 or 30 minutes or as needed. Fluid is replacement very important.

90° and above over 30% A shortened program conducted in shorts and T-shirts. Additional fluid replacement breaks are necessary. May need to suspend practice.

WET-BULB TEMPERATURE

wet-bulb Procedure under 68° No precautions necessary except close observation of those athletes most susceptible to heat illness (those who lose over 3% of their body weight as determined from weight chart)

69°-79° Unlimited amounts of water be made available on the field. Ice water preferable.

over 80° Lighten the practice routine or practice in shorts. May need to withhold susceptible players from practice.

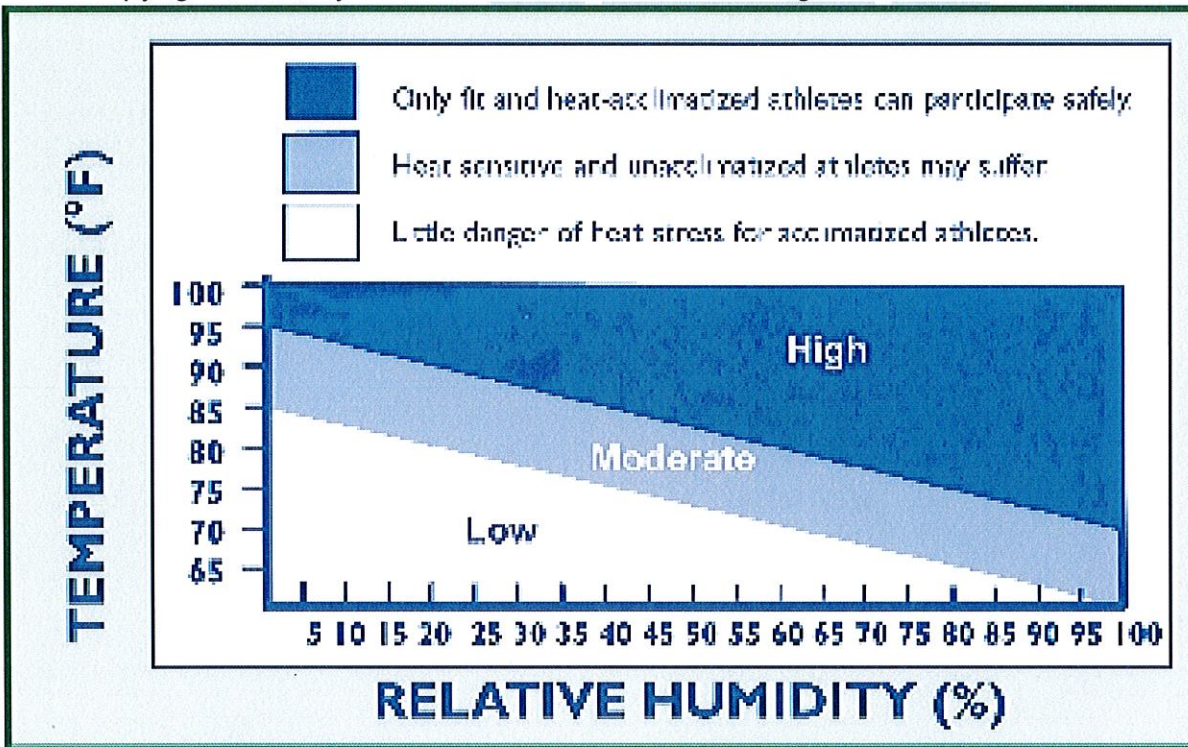


P.O. Box 400, Lincolnton, NC 28093
Phone: (704) 732-2261 Fax: (704) 736-4321

WGBT Index

- < 65° Low Risk
- 65 - 73° Moderate Risk
- 73 - 82° High Risk
- > 85° Very High Risk

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Inclement Weather Procedures

- On mornings of inclement weather Eric Eaker, Dr. Aaron Allen, Randy Putnam and other transportation staff will drive different areas of Lincoln County checking roads for safe travel of school buses and student drivers.
- Dr. Lory Morrow, Dr. Aaron Allen, and Eric Eaker will discuss the weather and road conditions of the county and a decision will be made on the delay or cancellation of school (as close to 5:30 am as possible).
- Dr. Lory Morrow will send a School Messenger announcement to all staff and students specifying whether school will be delayed or cancelled.
- Eric Eaker will contact media stations to report any delays or cancellations Lincoln County Schools may have.
- Eric Eaker or Dr. Aaron Allen will contact Steven Hoyle to have information concerning any delays or cancellations placed on the Lincoln County Schools website.
- Eric Eaker will contact Shelly Rhyne regarding delays or cancellations.

Contact Information

Dr. Lory Morrow

Eric Eaker	980-429-6787 704-802-4127
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Dr. Aaron Allen	704-240-1598
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Randy Putnam	980-429-6776 704-276-1047
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Steven Hoyle	980-429-6779 704-735-1866
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